

### Abbreviations on Program

H Height of the main peak on the walk  
Early Start - one hour earlier than usual.

### Meeting Places/Times

Car park at the Woollen Mill (Ben Nevis Highland Centre), junction of Glen Nevis and A82 roads, Fort William – 08:00 departure.

Or join at the following places when going:

beyond Spean Bridge - Spean Bridge Woollen Mill, 08:20 ;

over the Corran Ferry - Corran Ferry slip, 08:25 ;

to Glencoe or the A82 south - Glencoe Village carpark (by mountain rescue post), 08:30 ;

To Kinlochleven or the Oban Road (A828) - St Brides School, North Ballachulish, 08:25.

*If in doubt, or if you want to join the group elsewhere, contact a coordinator.*

### Checking Arrangements.

To check arrangements for any walk, please contact a walk coordinator .

### Safety and Equipment

Remember that safety is your responsibility. Read the Code of Practice, found in the Club Handbook  
The club has a list of appropriate clothing and The Club Yearbook contains a list of appropriate clothing and equipment that all members should have on the hill.

### Alternative Walks

In addition to the Main Walk each weekend, we have proposed an Alternative walk. Grid references are for the start point of the walk, if different. These walks have the potential for a less strenuous day, but are not necessarily easier, shorter or quicker. Just different, and maybe new and interesting to experienced members who have already done the classic routes and Munros in the area. Look at the map and see what else is tempting.

We welcome suggestions for other walks in the same area. Please let a coordinator know what you want to do, either before the day of the walk or at the meeting point.

It is club policy that any alternative walk will include an experienced member.

[www.nevishillwalkers.org.uk](http://www.nevishillwalkers.org.uk)

### CONTACT POINTS

CHAIRMAN: Andrew Gilbert 01855 821279

SECRETARY: Sarah Holroyd 01855 821277

TREASURER Jean O'Brien 01397 701597

### WALKS COORDINATORS

ANDREW GILBERT 01855 821279

JEAN O'BRIEN 01397 701597

SARAH HOLROYD 01855 821277

### Wet Weather Forecast for the West?

**Why not try these further east alternatives.**

#### Carn Dearg

MonadhLiath Map 35 NN 693997 H 945

#### Geal Charn

MonadhLiath Map 35 NN 582936 H926

#### Carn na Caim and A'Bhuidheanach Beag

Dalwhinnie Map 42 NN628792 H941



Affiliated to the Mountaineering  
Council of Scotland

**Nevis Hillwalking  
Club**



### Walking Program

**October 2009 /  
December 2009**

# Walking Program October to December 2009

## October

### Sat 3rd October Creise and Clach Liathad

**Glencoe** Map 41/50 NN 268530 H 1000m

*Main:* Ascend Creise via Stob a' Glas Choire or Meall a' Bhuiridh. Traverse Clach Leathad, descend Sron nam Forsair to Ba bridge. Return via the West Highland Way

*Alternate:* Meall a' Bhuiridh. Descend over Creag an Fhirich to Ba cottage.

### Sun 11th October Ben More & Stob Binnein

**Crianlarich** Map 51 NN 414259 H 1174

*Main:* From Ben More Farm up to Ben More and Stob Binnein. Return via Benmore Glen.

*Alternate:* just do Ben More, or walk up Benmore Glen

### Sat 17th October Ben Starav

**Glen Etive** Map 50 NN 137468 H 1078

*Main:* Classic Walk up the North East ridge

*Alternate:* Beinn nan Aighenan. Ascend by the Allt nam Meirteach

### Sun 25th October Stob an Cul Choire

**Ben Nevis** Map 41 NN 172774 H 1068

*Main:* From the lower ski station via Leanachan Forest to Tom na Sroine then climb ridge southward to Summit. Return over Aonach Mor.

*Alternate:* Return via corrie below cliffs of Aonach Mor to ski station.

### Sat 31st October Beinn Loinne

**Cluanie** Map 33/34 NH 214091 H 820

*Main:* East to west. Ascend via broken ground at east end of ridge from gap between woods aim for 179085. Either traverse all the way through to Cluanie Inn, or return from west peak (trig point) the way you came.

*Alternate:* West peak from Cluanie Inn.

Walks suggested by Ron Campbell, Sarah Holroyd, Andrew and Gerry Gilbert, Wesley Weld-Moore, Stuart Moralee

## November

### Sun 8th November Glas-charn

**Glenfinnan** Map 40 NM 876817 H 750

*Main:* east to west; follow the wet track almost to the bealach before cutting across the slopes of Glas Charn. Return transport needed at Arienskill

*Alternate:* Up to Glas Charn and return the way you came. Or Arienskill to Meoble & Loch Morar.

Thursday 12th November Geoff Monk  
of Mountain Weather Information Service  
www.mwis.org.uk Organiser - Andrew Baxter

### Sat 14th November Creag Meagaidh

**Loch Laggan** Map 42 NN 446841 H 1130

*Main:* Ascend either east or west arm of Moy Corrie to main summit. Return via window and Coire Ardair.

*Alternate:* Moy Corrie circuit or just visit corrie.

21st November Night navigation Course  
Organiser - Kevin Paterson

### Sun 22nd November Sgurr Dhomhnuill

**Ardgour** Map 40 NM 838666 H 888

*Main:* Ascend from lead mines over Sgurr na h-Ighinn to main summit. Return over Druim Garbh.

*Alternate:* Descend from col after main summit

### Sat 28th November Ciste Dubh

**Cluanie** Map 33 NH 089120 H 979

*Main:* Traverse Am Bathach to Bealach a' Choinich, then by south ridge to main summit. Return by An Caorann Beag.

*Alternate:* Am Bathach

Friday 4th December Annual club dinner  
8pm West End Hotel Organiser - Jean O'Brien

## December

### Sun 6th December Beinn Dorain and Beinn Dothaidh

**Bridge of Orchy** Map 50 NN 322443 H 1076

*Main:* From Achallader farm, ascend N side of Beinn Dothaidh. Traverse to Beinn Dorain, then descend Coire an Dithaidh to Bridge of Orchy.

*Alternate:* Beinn Dothaidh or Beinn Dorain

### Sat 12th Beinn Fhada and Stob Coire Sgreamhach

**Glencoe** Map 41 NN 187563 H 1072

*Main:* From car park take path into Lairig Eilde. Cross burn and ascend nose of Beinn Fhada. Traverse to Stob Coire Sgreamhach and descend via Coire Gabhail.

*Alternate:* Just Beinn Fhada. Descend to Lairig Eilde from col between main summits.

### Sun 20th Dec Sgurr Eilde Mor and Sgurr Eilde Beag

**Mamores** Map 41 NN 186630 H 1010

*Main:* From Kinlochleven ascend to Coire an Lochain and take south ridge to Sgurr Eilde Mor. Descend north side to lochans then traverse Sgurr Eilde Beag from north to south.

*Alternate:* Sgurr Eilde Beag

### Sat 26th December Fraochaidh

**Glen Duror** Map 41 NN 005552 H 879

*Main:* East to West from Ballachulish through to Glen Duror.

*Alternate:* Walk though at low level or climb Sgurr a Choise.

## January

### Sun 3rd January Fraoch Beinn and Sgurr an Utha

**Glenfinnan** Map 40 NM 876818 H 796

*Main:* From Glenfinnan station ascend Tom na h' Aire and SE ridge to Fraoch Bheinn. Traverse to Sgurr an Utha. Descend over Sidhean Mor and follow track to main road.

*Alternate:* Start up track from NM898809 and ascend by Coire an Utha to first summit.

### Sat 9th January Garbh Bheinn

**Ardgour** Map 40/49 NM 928597 H 885

*Main:* Ascend SE ridge to main summit. Continue to Meall a' Chuilinn, then descend by Coire a' Chothruim to the east.

*Alternate:* Just Meall a' Chuilinn.